

THE PITTSBURGH REGIONAL CAREGIVERS SURVEY
BREAKOUTS BY CAREGIVER EDUCATION

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Notes

All entries are column percentages.

Percentages for single response items may not add to 100 due to rounding.

Some items allowed for multiple responses. For these items, percentages add to more than 100.

CR = care recipient; CG = caregiver

Sample sizes:

High school or less	n = 207
Some college / Associate's degree	n = 334
Bachelor's degree	n = 263
Master's degree or higher	n = 200

Missing data (i.e., “don’t know” and “refused”) are not presented.

TYPES OF CAREGIVING

SCRNPC. Do you currently help with PERSONAL CARE TASKS, such as bathing, dressing, grooming, eating, moving from bed to chair, or going to the toilet?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes	54	52	48	46
No	46	48	52	54

SCRNHT. Do you currently help with HOUSEHOLD TASKS, such as shopping, managing personal finances, arranging for outside services, or providing transportation?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes	97	97	99	99
No	3	3	2	2

SCRNMNT. Do you currently help with MEDICAL OR NURSING TASKS, such as managing medications, changing dressing on wounds, or monitoring equipment like oxygen tanks?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes	68	65	59	62
No	32	35	41	38

Respondents were required to say YES to at least one of the three questions above to qualify. These tables present the responses of the 1,008 respondents who qualified.

CAREGIVING SITUATION / CONTEXT

QCS1. What is your relationship to the person you help with their personal care, routine household needs and/or medical/nursing tasks? Are you taking care of:

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Your mother or mother-in-law	35	37	49	47
Your father or father-in-law	9	12	12	17
Your wife / partner	7	5	6	8
Your husband / partner	26	14	11	11
Your daughter or daughter-in-law	1	1	1	1
Your son or son-in-law	1	1	0	1
Some other relative	11	21	13	10
A non-relative	11	10	8	6

QCS2. Is the person you care for:

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Male	43	38	32	31
Female	58	62	68	70

QCS4. How old is [he / she]? Your best estimate is fine. *(Results categorized for display.)*

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
50 – 64	17	23	14	7
65 – 74	19	18	16	19
75 – 84	28	26	24	25
85 +	37	33	46	50

QCS5. Where does [he/she] live?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
In your household → QCS9	55	42	39	40
Within 20 minutes of your home	33	49	46	38
Between 20 minutes and an hour from your home	11	8	12	15
One to two hours from your home	1	1	0	4
More than two hours away	0	1	3	4

QCS6. Which of the following best describes where [he/she] lives?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
His or her own home	76	75	68	64
Someone else's home → QCS9	8	10	8	7
An independent living or retirement community	13	7	12	17
In an assisted living facility where some care may be provided → QCS9	3	7	12	11
Somewhere else	0	1	1	1

Note: Persons providing care to a CR in a nursing home were not eligible for the survey.

QCS7. Does [he/she] live alone?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes	62	69	69	69
No	38	31	31	31

QCS9. Does [he/she] need care because of a... (*multiple responses allowed therefore percentages add to more than 100*)

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Short-term physical condition	12	14	10	12
Long-term physical condition	80	79	75	77
Emotional or mental health problem	22	19	15	22
Developmental or intellectual disorder or mental retardation	5	5	4	6
Behavioral issue	6	7	6	11
Memory problem	42	42	42	45
None of the above	3	3	7	5

QCS10. Does [he/she] suffer from Alzheimer's disease or other types of dementia?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes	24	20	28	24
No	76	80	73	76

Has a doctor ever told [him / her] that [he / she] had...

QCS11. a heart attack or myocardial infarction?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes	34	24	17	17
No	67	76	83	83

QCS12. any other heart disease including angina or congestive heart failure?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes	34	31	34	34
No	66	69	67	66

QCS13. high blood pressure or hypertension?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes	68	69	62	61
No	33	31	38	39

QCS14. arthritis?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes	72	64	64	61
No	28	36	36	39

QCS15. osteoporosis or thinning of the bones?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes	32	33	37	41
No	68	67	63	59

QCS16. diabetes?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes	39	27	23	24
No	61	73	77	76

QCS17. lung disease, such as emphysema, asthma, or chronic bronchitis?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes	30	27	16	21
No	70	73	84	79

QCS18. cancer?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes	22	28	27	32
No	78	72	73	68

QCS18a. a stroke?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes	24	23	22	19
No	76	77	79	81

QCS19. serious difficulty seeing?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes	34	26	28	29
No	66	74	73	71

QCS20. serious difficulty hearing?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes	44	34	39	32
No	57	66	61	68

In the last month has [he / she] used...

QCS22A. glasses or other vision aids such as a magnifying glass?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes	81	86	89	89
No	19	14	11	11

QCS22B. a hearing aid?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes	18	16	20	21
No	82	84	80	80

QCS22C. a cane?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes	43	43	43	40
No	58	57	57	60

QCS22D. a walker?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes	40	47	43	45
No	60	54	57	56

QCS22E. a wheelchair?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes	32	32	35	36
No	68	68	65	64

QCS22F. a scooter?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes	11	8	5	6
No	89	92	95	94

QCS22G. a reacher or grabber to pick things up more easily?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes	32	37	26	41
No	68	63	75	59

QCS22H. special items to help with dressing, such as button hooks or clothes that are designed to get on and off easily?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes	18	22	19	23
No	82	78	82	77

QCS22I. adaptive utensils to help to eat or cut food? IF NEEDED: Adapted utensils include things like easy-to-grip silverware, knives that rock, and plates with high sides.

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes	4	6	6	5
No	96	94	94	96

QCS23. Does the CR's residence have features to make it easier for older adults such as a railing or a ramp, grab bars in the bathroom, a seat for the shower or tub, or an emergency call system?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes	82	76	83	83
No → next section	18	24	17	17

QCS24. Which of these features does the CR's residence have? (*multiple responses accepted*)

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
A railing or ramp	62	66	62	62
Grab bars in the bathroom	69	78	80	80
A seat for the shower or tub	65	72	74	75
An emergency call system	39	43	45	46
Other	26	30	40	38

CARE ACTIVITIES

Caregivers of *persons living in assisted living* were not asked QCA1 through QCA4B if they indicated they did not help the care recipient with household tasks (household tasks screener question SCRNHT).

QCA1PRE. Next we have a few questions about CR's needs for assistance and ways you may have helped CR in the last month because of [his/her] health and functioning. Let's start with chores you may do around CR's home. This includes laundry, cleaning, or making hot meals.

QCA1. In the last month, how often did [he/she] need help with laundry, cleaning, or making hot meals due to poor health and functioning?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Every day	53	51	50	47
Most days	17	17	14	15
Some days	18	21	19	19
Rarely	6	5	6	8
Never → QCA2	3	5	10	7
Does not do, but not because of poor health and functioning → QCA2	3	2	1	4

QCA1A. In the last month, how often did you help CR with laundry, cleaning, or making hot meals or do these chores for [him/her]?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Every day	54	39	34	32
Most days	14	19	17	19
Some days	22	32	35	28
Rarely	7	6	8	11
Never	3	4	7	9

QCA1B. Does anyone else help CR with laundry, cleaning, or making hot meals or do these chores for [him/her]? (*Unpaid and paid could be both be selected therefore percentages may add to more than 100*)

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes, another unpaid family member / friend	47	56	53	49
Yes, a paid helper	14	19	28	38
No	45	34	31	28

QCA2. In the last month, how often did [he/she] need help with shopping for groceries or personal items due to poor health and functioning?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Every day	39	43	41	37
Most days	22	22	20	19
Some days	21	26	22	24
Rarely	9	5	8	10
Never → QCA3	4	3	6	7
Does not do, but not because of poor health and functioning → QCA3	4	1	2	4

QCA2A. In the last month, how often did you shop with CR for groceries or personal items or do [his/her] shopping for [him/her]?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Every day	28	27	22	21
Most days	28	22	20	19
Some days	32	36	34	41
Rarely	7	10	12	10
Never	4	6	12	10

QCA2B. Does anyone else help CR with shopping for groceries or personal items? (*Unpaid and paid could be both be selected*)

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes, another unpaid family member / friend	50	53	59	49
Yes, a paid helper	4	7	8	13
No	48	45	37	43

QCA3. In the last month, did CR need help with ordering medicines due to poor health and functioning?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes	61	55	55	60
No → QCA4	34	43	43	38
Does not do, but not because of poor health and functioning → QCA4	5	2	2	2

QCA3A. In the last month, did you ever help CR order [his/her] prescribed medicines or order these for [him/her]?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes	78	77	71	77
No	22	23	29	23

QCA3B. Does anyone else help CR with ordering medicines? (*Unpaid and paid could be both be selected*)

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes, another unpaid family member / friend	31	33	39	34
Yes, a paid helper	7	8	12	15
No	64	60	52	51

QCA4. In the last month, did CR need help with handling bills or banking due to poor health and functioning?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes	64	65	73	66
No → QCA5	30	32	25	30
Does not do, but not because of poor health and functioning → QCA5	6	3	3	5

QCA4A. In the last month, did you ever help CR with handling bills or banking or do this for [him/her]?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes	76	77	81	81
No	24	23	19	19

QCA4B. Does anyone else help CR with handling bills or banking? (*Unpaid and paid could be both be selected*)

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes, another unpaid family member / friend	36	40	44	41
Yes, a paid helper	2	1	2	0
No	62	59	55	59

Caregivers of **persons living in assisted living** were not asked QCA5 through QCA12C if they indicated they did not help the care recipient with personal care (personal care screener question SCRNPC).

QCA5PRE. Now, a few questions about personal care.

QCA5. In the last month, how often did CR need help with eating due to poor health and functioning?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Every day	8	11	9	10
Most days	5	3	7	3
Some days	5	7	4	10
Rarely	15	10	8	10
Never → QCA6	67	70	73	68

QCA5A. In the last month, how often did you help [him/her] with eating?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Every day	21	27	22	28
Most days	15	15	12	8
Some days	19	29	29	25
Rarely	22	22	21	33
Never	24	7	16	5

QCA5B. Does anyone else help [him/her] with eating? (*Unpaid and paid could be both be selected*)

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes, another unpaid family member / friend	34	43	49	40
Yes, a paid helper	9	12	24	20
No	65	50	37	45

QCA6. In the last month, how often did CR need help with showering or bathing due to poor health and functioning?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Every day	24	23	25	23
Most days	11	11	7	11
Some days	14	13	10	11
Rarely	9	11	9	12
Never → QCA7	43	43	49	43

QCA6A. In the last month, how often did you help [him/her] with showering or bathing?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Every day	25	22	17	19
Most days	15	13	14	9
Some days	25	22	24	19
Rarely	15	17	18	15
Never	19	26	27	38

QCA6B. Does anyone else help [him/her] with showering or bathing? (*Unpaid and paid could be both be selected*)

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes, another unpaid family member / friend	31	40	39	27
Yes, a paid helper	23	26	32	38
No	54	42	36	38

QCA7. In the last month, how often did CR need help with dressing or grooming due to poor health and functioning?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Every day	22	21	26	21
Most days	8	12	6	6
Some days	15	13	14	18
Rarely	12	14	11	15
Never → QCA8	43	40	42	40

QCA7A. In the last month, how often did you help CR with dressing or grooming?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Every day	28	22	20	15
Most days	13	21	14	8
Some days	31	27	31	36
Rarely	21	20	23	24
Never	7	10	12	17

QCA7B. Does anyone else help [him/her] with dressing or grooming? (*Unpaid and paid could be both be selected*)

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes, another unpaid family member / friend	33	44	44	34
Yes, a paid helper	19	21	29	29
No	55	44	39	45

QCA8. In the last month, how often CR need help with using the toilet due to poor health and functioning?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Every day	17	14	18	18
Most days	3	4	4	2
Some days	6	9	5	4
Rarely	9	9	11	11
Never → QCA9	64	65	63	65

QCA8A. In the last month, how often did you help CR with using the toilet?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Every day	38	26	22	31
Most days	12	13	11	9
Some days	19	25	23	19
Rarely	21	18	26	25
Never	10	18	18	17

QCA8B. Does anyone else help [him/her] with using the toilet? (*Unpaid and paid could be both be selected*)

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes, another unpaid family member / friend	41	54	44	42
Yes, a paid helper	22	28	39	35
No	48	33	33	34

QCA9. In the last month, how often did CR need help getting in and out of bed due to poor health and functioning?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Every day	16	12	19	18
Most days	4	6	2	1
Some days	10	10	9	4
Rarely	11	13	14	16
Never → QCA10	60	59	56	62

QCA9A. In the last month, how often did you help CR get in and out of bed?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Every day	28	16	17	24
Most days	13	14	5	7
Some days	17	28	26	19
Rarely	31	30	30	31
Never	11	11	22	19

QCA9B. Does anyone else help [him/her] get in and out of bed? (*Unpaid and paid could be both be selected*)

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes, another unpaid family member / friend	39	52	46	42
Yes, a paid helper	13	22	25	35
No	54	39	39	38

QCA10. In the last month, how often did CR need help getting around [his/her] home due to poor health and functioning?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Every day	17	15	18	18
Most days	4	6	5	3
Some days	14	16	10	9
Rarely	16	17	17	18
Never → QCA11	49	47	50	52

QCA10A. In the last month, how often did you help CR get around [his/her] home?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Every day	22	18	20	20
Most days	14	13	7	13
Some days	30	33	36	29
Rarely	29	30	28	29
Never	5	6	10	10

QCA10B. Does anyone else help [him/her] get around [his/her] home? (*Unpaid and paid could be both be selected*)

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes, another unpaid family member / friend	50	54	56	53
Yes, a paid helper	15	19	20	30
No	43	38	35	30

QCA11. In the last month, how often did CR need help leaving [his/her] home to go outside due to poor health and functioning?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Every day	22	25	27	22
Most days	9	12	13	11
Some days	21	18	16	24
Rarely	15	15	12	11
Never → skip logic prior to QCA12A	33	31	32	33

QCA11A. In the last month, how often did you help CR leave [his/her] home to go outside?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Every day	23	22	20	16
Most days	19	16	16	16
Some days	37	33	39	44
Rarely	17	21	18	17
Never	4	9	8	7

QCA11B. Does anyone else help [him/her] leave [his/her] home to go outside? (*Unpaid and paid could be both be selected*)

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes, another unpaid family member / friend	51	56	66	60
Yes, a paid helper	10	13	16	21
No	42	38	27	27

Skip logic: QCA12A, QCA12B, and QCA12C were asked if CG responded he / she ever provided care on QCA5A, QCA6A, QCA7A, QCA8A, QCA9A, QCA10A, or QCA11A (i.e., response of every day, most days, some days, or rarely on one or more of these items)

QCA12A. In the last month when you helped CR with personal care, did you ever lift [him/her] from a seated or lying position?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes	36	39	36	32
No	64	61	65	69

QCA12B. [In the last month when you helped CR with personal care,] did you ever let [him/her] lean on you or support [his/her] weight?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes	73	70	74	69
No	27	30	26	31

QCA12C. [In the last month when you helped CR with personal care,] did you ever hold [him/her] steady while [he/she] walked or stood?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes	69	66	80	75
No	31	34	20	26

QCA13. In the last month, how often did you drive CR places?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Every day	17	10	13	7
Most days	17	20	11	15
Some days	30	35	39	44
Rarely	14	16	18	18
Never	22	19	19	17

QCA14. In the last month, how often did you go with CR in a van, shuttle or cab, or take public transportation -- the bus, subway, train, or light rail – with [him/her]?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Every day	4	2	2	1
Most days	4	3	2	2
Some days	4	4	3	3
Rarely	3	6	5	4
Never	61	60	60	56
Do not use	24	26	28	36

Caregivers of **persons living in assisted living** were not asked QCA15A through QCA19 if they indicated they did not help the care recipient with medical / nursing task care (medical / nursing tasks screener question SCRNMNT).

QCA15PRE. The next few questions are about help related to CR's health care.

QCA15A. In the last month, did you ever help CR keep track of [his/her] medications?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes	67	60	57	63
No	33	40	43	37

QCA15A1. In the last month, did you ever actually give CR [his/her] medications?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes	52	47	42	45
No	48	53	59	56

QCA15A2. How are these drugs administered? (*multiple responses could be selected*)

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Orally (by mouth as pills, capsules, liquid)	98	99	98	99
Insulin injection	17	13	8	11
Other injection	1	8	4	9
Infusion pump	1	1	0	0
Inhaler	16	14	9	11
Suppository	3	5	2	2
Medication patch	5	3	8	7
Spray	2	3	4	8
Eye/Ear drops	18	14	18	19
Other	4	7	7	14

QCA15B. [In the last month, did you ever help CR] take shots or injections?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes	7	7	5	5
No	93	93	95	95

QCA15C. [In the last month, did you ever help CR] manage medical tasks like ostomy care, IVs, or testing blood?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes	11	8	9	9
No	89	92	91	91

QCA15D. [In the last month, did you ever help CR] with exercises [he/she] was supposed to do?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes	34	26	26	28
No	66	75	74	72

QCA15E. [In the last month, did you ever help CR] with a special diet?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes	36	26	25	26
No	64	75	75	74

QCA15F. [In the last month, did you ever help CR] care for [his/her] teeth or dentures?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes	20	19	19	19
No	80	81	81	81

QCA15G. [In the last month, did you ever help CR] care for [his/her] feet, like clipping nails?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes	34	31	26	26
No	66	70	74	74

QCA15H. [In the last month, did you ever help CR] with skin care related to wounds or sores?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes	31	28	24	28
No	69	72	76	72

QCA15I. [In the last month, did you ever help CR] with assistive devices for mobility like canes or walkers?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes	41	49	47	50
No	59	51	53	51

Caregivers were only asked QCA15J through QCA19 if they indicated they did help the care recipient with medical / nursing task care (medical / nursing task screener question SCRNMNT).

You indicated at the beginning of the survey that you perform some medical/nursing tasks. Many different tasks are considered medical/nursing tasks even though they are done at home. Some require equipment; others do not. Which of the following additional medical tasks do you perform?

QCA15J. [In the last month, did you ever] use incontinence equipment like catheters, supplies like adult diapers, or administer enemas?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes	39	37	42	39
No	61	63	58	61

QCA15K. [In the last month, did you ever] use meters/monitors (e.g., thermometer, glucometer, stethoscope, weight scales, blood pressure monitors, oxygen saturation monitors)?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes	48	55	48	49
No	53	45	42	51

QCA15L. [In the last month, did you ever] administer test kits (bladder infection test, for example)?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes	6	2	3	5
No	94	98	97	95

QCA15M. [In the last month, did you ever] operate durable medical equipment (hospital beds, lifts, wheelchairs, scooters, toilet or bath chairs, geri-chairs, for example)?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes	48	48	46	44
No	52	52	54	56

QCA15N. [In the last month, did you ever] operate mechanical ventilators, oxygen, tube feeding equipment, or home dialysis equipment?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes	24	19	12	15
No	76	81	88	86

QCA15O. [In the last month, did you ever] use telehealth equipment (cameras, sensors, phone lines to collect medical data in the home and transmit it to doctor or nurse)?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes	6	8	10	10
No	94	92	90	90

(If YES to any of QCA15A – QCA15O, ask QCA16 – QCA19; otherwise skip to QCA21)

QCA16. How difficult is it for you to do the medical and nursing tasks that are required to help CR? Please answer by choosing a number between 1 and 5, where 1 means not at all difficult and 5 means very difficult.

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
1. Not at all difficult	53	54	54	58
2.	17	21	20	21
3.	20	16	13	10
4.	8	6	7	8
5. Very difficult	3	3	6	3

QCA17. Did anyone prepare you to do these tasks?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes	23	27	25	23
No → QCA21	78	73	75	77

QCA18. Who prepared you to do the medical and nursing tasks needed to help CR? (*multiple responses could be selected*)

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Hospital nurse	27	22	27	16
Hospital doctor	2	9	4	8
Primary care doctor	12	13	15	21
Nurse in doctor's office or outpatient setting	10	13	12	16
Home care nurse	22	25	15	40
Social worker/geriatric care manager	5	0	4	5
Physical or occupational therapist	12	17	23	21
Pharmacist	5	5	6	11
Medical supply technician	5	10	6	11
Friend or neighbor	5	9	6	8
You learned on your own	24	27	31	21
Other	49	44	44	37

QCA19. How well do you feel that person prepared you to take on these medical and nursing tasks?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Very well	77	85	77	74
Somewhat well	21	15	21	21
Not well	3	0	2	5

QCA21. During that last 12 months, how many times has [he/she] been hospitalized overnight?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
None → QCA24PRE	43	42	48	44
One time	21	19	22	24
2 times	16	19	11	17
3 or more times	21	20	19	16

QCA22. When [he/she] was in the hospital, were you included by health care workers, like nurses, doctors, or social workers, in discussions about CR's care? Would you say...

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes, all the time	57	58	60	57
Only some of the time	21	23	25	28
No, and you should have been	6	5	4	6
No, but you did not need to be	16	14	12	10

QCA23. Before CR left the hospital or was discharged, did you receive clear instructions about any medical or nursing tasks you would need to perform for [him/her]?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes	76	69	76	71
No	21	23	16	21
Not applicable	3	8	8	9

QCA23b. How prepared did you feel to take on any medical and nursing tasks after CRs hospitalization?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Very well	62	55	51	50
Somewhat well	31	32	36	44
Not well	8	13	13	6

QCA24PRE. Now think about the last YEAR.

QCA24A. In the last year, did you ever make appointments for CR with a medical provider?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes	68	61	65	70
No	32	39	36	30

QCA24B. [In the last year, did you ever] speak to or email CR's medical provider about [his/her] care?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes	65	61	69	73
No	35	39	31	28

QCA24B1. [In the last year, did you ever] go with the CR to appointments with a medical provider?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes	87	83	84	88
No	13	17	16	13

QCA24C. [In the last year, did you ever] help [him/her] change or add a health insurance or prescription drug plan? [IF NEEDED: For example, changed or helped [him/her] change a Medicare supplemental plan or prescription drug plan, or helped [him/her] decide to join or leave a managed care plan.]

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes	29	26	24	27
No	71	74	76	74

QCA24D. [In the last year, did you ever] handle any other health insurance matters related to [his/her] medical care? [IF NEEDED: This includes contacting Medicare or another insurer to find out what is covered, comparing plans or providers, finding out about bills, or filing a claim.]

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes	33	34	43	44
No	67	66	57	56

QCA25. About how many hours per week on average do you help this person with personal care, routine household needs and/or medical/nursing tasks?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
8 hours or less per week	35	40	44	49
9 to 19 hours per week	23	26	28	25
20 to 39 hours per week	17	18	12	15
40 or more hours per week	25	16	16	11

QCA25b. Thinking about all of the ways you helped CR in the last month, did you help on a regular basis or did it vary? By regular schedule, we mean the same days or times every week.

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Regular schedule	55	54	49	53
Varied	45	46	51	47

QCA26. For how long have you been helping this person with personal care routine household needs and/or medical/nursing tasks?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
3 months or less	8	7	5	4
4 to 12 months	10	11	9	13
1 - 2 years	17	21	19	19
3 - 5 years	27	29	28	31
More than 5 years	39	32	40	34

QCA27. Over the past month, has the amount you helped CR increased, decreased, or been about the same as before?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Increased in the past month	35	36	36	35
Been about the same in the past month	55	55	57	54
Decreased in the past month	10	9	7	12

QCA28. Thinking ahead to next few months, do you think the amount you will help CR will increase, decrease, or be about the same as the past month?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Will increase	33	34	29	33
Will be about the same	59	56	65	57
Will decrease	8	10	6	10

QCA29. Do you feel you had a choice in taking on this responsibility for caring for CR?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes	47	48	48	37
No	54	52	53	63

QCA30. In general, how worried are you about making a mistake or error, or unintentionally hurting CR while caring for him / her?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Very worried	4	5	6	5
Somewhat worried	9	14	13	11
Only a little	23	26	32	34
Not at all	65	55	49	51

Illness, disability, and life circumstances may cause some people to suffer either physically or psychologically.

QCA31. I'd like to ask you to the degree to which you think CR has been suffering physically during the past month on a scale from 1 to 10 where 1 equals "CR has not been suffering physically," and 10 equals "CR has been suffering terribly".)

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
1 CR has not been suffering physically	14	15	12	12
2	9	9	9	10
3	13	13	15	16
4	8	10	9	11
5	16	12	14	17
6	6	9	10	9
7	10	11	12	13
8	9	11	9	7
9	5	4	5	5
10 CR has been suffering terribly	8	6	5	3

QCA32. Now, please rate the degree to which you think CR has been suffering psychologically or emotionally during the past month on a scale from 1 to 10 where 1 equals "CR has not been suffering psychologically / emotionally," and 10 equals "CR has been suffering terribly".)

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
1 CR has not been suffering physically	20	15	9	9
2	10	9	10	9
3	10	10	13	11
4	5	7	9	7
5	16	13	15	17
6	5	14	8	11
7	10	9	11	11
8	9	12	13	15
9	4	4	7	7
10 CR has been suffering terribly	12	7	7	5

ASPECTS OF CAREGIVING

QAC1PRE. Now we have a few questions about your relationship with CR.

QAC1. How much do you enjoy being with [him/her]?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
A lot	73	73	69	63
Some	23	23	23	24
A little	3	3	5	11
Not at all	0	1	2	2

QAC2. How much does [he/she] argue with you?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
A lot	18	19	19	19
Some	24	28	22	29
A little	30	27	32	27
Not at all	29	26	28	25

QAC3. How much does CR appreciate what you do for [him/her]?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
A lot	80	82	81	76
Some	12	11	10	14
A little	5	5	7	8
Not at all	3	2	3	3

QAC4. How often does [he/she] get on your nerves?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
A lot	16	20	23	19
Some	30	32	27	35
A little	34	31	32	37
Not at all	21	17	18	10

QAC4b. How would you say the quality of your relationship with CR has changed, if at all, since you began helping him/her? Would you say your relationship has...

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Gotten much better	19	18	21	10
Gotten somewhat better	13	21	23	23
Stayed about the same	55	49	42	45
Gotten somewhat worse	12	9	12	19
Gotten much worse	2	3	3	4

QAC5PRE. Next we have a few questions about your experience helping CR. For each statement I read, please tell me whether this describes your situation very much, somewhat, or not so much.

QAC5A. Helping [him/her] has made you more confident about your abilities.

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Very much	49	41	33	29
Somewhat	35	35	38	41
Not so much	16	24	29	30

QAC5B. Helping [him/her] has taught you to deal with difficult situations.

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Very much	59	47	47	38
Somewhat	28	34	38	46
Not so much	14	18	15	16

QAC5C. Helping CR has brought you closer to [him/her].

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Very much	58	48	49	34
Somewhat	29	38	34	41
Not so much	13	14	18	26

QAC5D. Helping CR gives you satisfaction that [he/she] is well cared for.

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Very much	87	79	77	68
Somewhat	11	20	18	27
Not so much	2	2	5	5

QAC6A. Is helping CR financially difficult for you?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes	17	24	23	25
No	83	76	78	75

QAC6B. Is helping [him/her] emotionally difficult for you?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes	51	58	65	69
No	49	42	35	32

QAC6C. Is helping [him/her] physically difficult for you?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes	30	27	29	32
No	70	73	72	69

QAC7A. Please tell me how difficult helping is by picking a number from 1 to 5. The number 5 means very difficult and the number 1 means a little difficult. How financially difficult is helping CR? (*Asked if "yes" to QAC6A*)

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
1. A little difficult	11	14	9	10
2.	17	9	7	14
3.	29	24	34	38
4.	11	33	24	20
5. Very difficult	31	19	27	18

QAC7B. How emotionally difficult is helping [him/her]? (*Asked if "yes" to QAC6B*)

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
1. A little difficult	22	15	9	4
2.	15	20	17	16
3.	26	27	27	33
4.	17	21	25	26
5. Very difficult	19	17	23	21

QAC7C. How physically difficult is helping [him/her]? (Asked if “yes” to QAC6C)

	High School Graduate or Less	Some College / Associate’s Degree	Bachelor’s Degree	Master’s Degree or Higher
1. A little difficult	18	9	8	3
2.	15	16	16	27
3.	36	34	35	38
4.	19	26	25	21
5. Very difficult	13	16	16	11

QAC8. In general, how much has your family disagreed over the details of [his/her] care? (Asked if CR was related to CG)

	High School Graduate or Less	Some College / Associate’s Degree	Bachelor’s Degree	Master’s Degree or Higher
Very much	9	8	9	8
Somewhat	20	23	20	25
Not so much	71	69	71	68

QAC9PRE. Please listen to a few more statements and answer whether this describes your situation very much, somewhat, or not so much.

QAC9A. You are exhausted when you go to bed at night.

	High School Graduate or Less	Some College / Associate’s Degree	Bachelor’s Degree	Master’s Degree or Higher
Very much	29	31	32	35
Somewhat	30	31	28	31
Not so much	41	38	40	35

QAC9B. You have more things to do than you can handle.

	High School Graduate or Less	Some College / Associate’s Degree	Bachelor’s Degree	Master’s Degree or Higher
Very much	21	20	26	28
Somewhat	27	35	33	39
Not so much	52	45	41	34

QAC9C. You don’t have time for yourself.

	High School Graduate or Less	Some College / Associate’s Degree	Bachelor’s Degree	Master’s Degree or Higher
Very much	23	25	27	31
Somewhat	33	33	32	36
Not so much	44	43	41	34

QAC9D. As soon as you get a routine going, CR's needs change.

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Very much	9	11	11	13
Somewhat	24	28	26	32
Not so much	67	61	63	56

SUPPORT ENVIRONMENT

QSE1PRE. The next questions are about support you may be getting.

QSE1. Do you have friends or family that you talk to about important things in your life?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes	91	89	89	89
No	9	11	11	12

QSE2. Do you have friends or family that help you with your daily activities, such as running errands, or helping you with things around the house?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes	50	53	52	55
No	50	47	49	46

QSE3. Do you have friends or family that help you care for CR?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes	63	65	71	68
No	37	35	29	32

QSE4. In the last year, have you gone to a support group for people who give care?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes	6	5	3	9
No	94	95	97	91

QSE4a. In the last year, have you used any service that took care of CR so that you could take some time away from helping?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes	15	17	21	29
No	86	84	80	72

QSE5. In the last year, have you received any training to help you take care of CR?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes	7	8	8	17
No	93	92	92	83

QSE6. In the last year, have you found financial help for CR, including helping [him/her] apply for Medicaid?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes	16	18	16	19
No	84	82	84	81

QSE7. Have you ever looked for [A support group for people who provide care] or [A service to care for CR so you could take time away] or [Training to help you care for CR] or [Information about how to get financial help for CR]? *(Asked regarding items the respondent did not say YES to)*

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes	17	15	21	23
No	83	85	79	78

QSE8. In the last year, have you helped [him/her] to get devices to get around more easily, such as a cane, walker, wheelchair, or scooter?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes	46	41	41	44
No	54	59	59	56

QSE9. In the last year, have you [made your home safer] [helped CR make [his/her] home safer] by adding features such as a railing or a ramp, grab bars in the bathroom, a seat for the shower or tub, or an emergency call system?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes	50	43	43	41
No	51	58	57	59

QSE10. In the last year, have you helped [him/her] find a paid helper to do household chores or personal care?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes	16	17	23	32
No	85	84	77	68

Shared Caregiving (Questions QSE11 through QSE16 were asked if the respondent indicated that he/she has family or friends to help care for CR in QSE3)

You mentioned that you have other family or friends that help you care for CR. I'd now like to ask a few questions about that.

QSE11. First, how many other family and friends help you care for CR?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
One	25	21	23	25
Two	26	26	32	23
Three or more	49	54	45	52

QSE11A. Who is that (are they)? (multiple responses accepted)

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Caregiver's Brother(s)	30	22	32	24
CG's Sister(s)	35	40	39	40
CG's husband	16	19	21	22
CG's wife	3	6	12	10
CG's other relative(s) / in-law(s)	57	57	53	48
CG's friend(s)	9	15	10	15
Other	24	30	18	23

QSE12. Which of the following best describes where this/these additional helper(s) live(s)? (multiple responses accepted)

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Live(s) with you	36	38	44	39
Within twenty minutes of your home	64	69	61	60
Between twenty minutes and an hour from your home	28	24	23	29
One to two hours from your home	4	7	6	7
Two to four hours away	3	2	5	7
More than four hours away	6	6	16	18

QSE13. Which of the following best describes how you divide the tasks of caring for CR?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
We complement each other – we each help CR with different tasks.	22	28	29	38
We help with the same things but we divide the help over time.	21	19	17	12
We share some tasks, and others we do separately	57	53	55	50

QSE14. Would you say that you or someone else is the “primary caregiver,” or the person that provides MOST of the help for your CR?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Respondent is the primary caregiver	66	52	51	58
Someone else is the primary caregiver	23	32	34	28
Care is equally shared	11	16	15	14

QSE15. To what extent would you say that you and the other caregiver(s) experience conflict or disagreement over coordinating care for the CR?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
To a great extent	4	2	1	2
To a moderate extent	7	7	12	8
Only a little	23	27	31	35
Not at all	66	64	56	55

QSE16. Overall, how satisfied or dissatisfied are you with the care coordination between you and your family / friends?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Very satisfied	70	71	64	65
Moderately satisfied	25	24	26	26
Moderately dissatisfied	3	3	8	7
Very dissatisfied	2	3	2	2

PARTICIPATION

QPP1PRE. Now let's talk about other activities you may have done in the last month.

QPP1. In the last month, did you ever visit in person with friends or family NOT living with you, either at your home or theirs?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes	81	86	85	87
No	19	14	15	13

QPP2. In the last month, did helping CR ever keep you from doing this [visiting in person with friends or family NOT living with you]?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes	21	28	30	46
No	79	72	70	54

QPP3. How important is it to you to visit in person with friends or family NOT living with you?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Very important	43	52	55	60
Somewhat important	38	33	32	31
Not so important	19	15	13	10

QPP4. In the last month, did you ever attend religious services?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes	57	59	61	66
No	44	41	40	34

QPP5. In the last month, did helping CR ever keep you from doing this [attending religious services]?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes	11	14	13	12
No	89	86	87	89

QPP6. How important is it to you to attend religious services?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Very important	49	47	43	47
Somewhat important	25	27	21	21
Not so important	27	27	36	32

QPP7. In the last month, [besides religious services,] did you ever participate in club meetings or group activities? [IF NEEDED: These could be any ongoing group activity including dinner or bridge clubs, neighborhood or political organizations, knitting or regular exercise groups.]

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes	39	45	51	59
No	61	55	49	42

QPP8. In the last month, did helping CR ever keep you from doing this [participating in club meetings or group activities [other than religious services]]? [IF NEEDED: These could be any ongoing group activity including dinner or bridge clubs, neighborhood or political organizations, knitting or regular exercise groups.]

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes	13	21	22	26
No	87	79	78	75

QPP9. How important is it to you to participate in club meetings or group activities [other than religious services]? [IF NEEDED: These could be any ongoing group activity including dinner or bridge clubs, neighborhood or political organizations, knitting or regular exercise groups.]

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Very important	21	25	38	40
Somewhat important	28	34	28	35
Not so important	51	41	34	26

QPP10. In the last month, [besides for club or group activities,] did you ever go out for enjoyment? This includes things like going out to dinner, a movie, to gamble, or to hear music or see a play.

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes	78	83	87	85
No	22	17	13	15

QPP11. In the last month, did helping CR ever keep you from doing this [going out for enjoyment]?
 [IF NEEDED: This includes things like going out to dinner, a movie, to gamble, or to hear music or see a play.]

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes	16	23	28	32
No	85	77	72	68

QPP12. How important is it to you to go out for enjoyment? [IF NEEDED: This includes things like going out to dinner, a movie, to gamble, or to hear music or see a play.]

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Very important	34	48	53	56
Somewhat important	40	38	37	35
Not so important	26	15	10	10

QPP13. In the last month, did you ever do volunteer work?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes	23	38	36	47
No	77	62	64	53

QPP14. In the last month, did helping CR ever keep you from doing this [volunteer work]?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes	12	17	15	19
No	88	83	86	81

QPP15. In the last month, [besides as a job or volunteer work,] did you ever provide care to or look after a child or adult who cannot care for themselves? We mean someone besides CR.

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes	45	46	32	40
No	55	55	68	60

QPP16. In the last month, did helping CR ever keep you from doing this [caring for a child or other adult]?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes	9	7	7	10
No	91	93	93	90

HEALTH

QHE1. Would you say that in general, your health is excellent, very good, good, fair, or poor?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Excellent	9	14	18	21
Very good	27	28	34	38
Good	38	34	25	27
Fair	22	21	20	11
Poor	4	4	3	4

QHE2. Has a doctor ever told you that you had a heart attack or myocardial infarction?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes	9	7	7	5
No	91	93	93	95

QHE3. Has a doctor ever told you that you had any other heart disease including angina or congestive heart failure?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes	10	8	10	9
No	90	93	90	92

QHE4. [Has a doctor ever told you that you had] high blood pressure or hypertension?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes	49	43	37	36
No	52	58	63	64

QHE5. [Has a doctor ever told you that you had] arthritis?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes	59	47	42	45
No	41	54	58	55

QHE6. [Has a doctor ever told you that you had] osteoporosis or thinning of the bones?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes	20	21	18	19
No	81	79	82	82

QHE7. [Has a doctor ever told you that you had] diabetes?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes	19	17	12	10
No	81	83	88	90

QHE8. [Has a doctor ever told you that you had] lung disease, such as emphysema, asthma, or chronic bronchitis?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes	18	18	12	15
No	82	82	88	85

QHE9. [Has a doctor ever told you that you had] cancer?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes	13	12	17	14
No	87	88	83	86

QHE10PRE. Now I have a few questions about health problems.

QHE10. In the last month, have you been bothered by pain?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes	63	63	59	62
No	37	37	41	38

QHE12. In the last month, did you have any breathing problems, including shortness of breath or difficulty breathing?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes	22	17	16	13
No	78	83	84	87

QHE14. In the last month, did you have limited strength or movement in your shoulders, arms, or hands?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes	33	35	25	27
No	67	65	75	74

QHE16. In the last month, did you have limited strength in your hips, legs, knees, or feet?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes	47	38	37	36
No	53	62	63	64

QHE18. In the last month, did you have low energy or were you easily exhausted?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes	53	53	48	54
No	47	47	52	46

QHE20. In the last month, on nights when you woke up before you wanted to, how often did you have trouble falling back asleep?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Every night	15	8	9	7
Most nights	13	17	14	15
Some nights	31	28	34	42
Rarely	22	29	27	25
Never	19	18	17	13

QHE21. In the last month, how often did helping CR cause your sleep to be interrupted?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Every night	2	3	3	3
Most nights	5	4	5	7
Some nights	20	17	18	22
Rarely	26	21	23	25
Never	47	55	52	45

QHE23a. How tall are you? (see BMI below)

QHE23b. How tall are you? (see BMI below)

QHE22. How much do you currently weigh? (see BMI below)

BMI categories:

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
< 18.5 (underweight)	0	1	1	2
18.5 – 24.9 (normal)	25	25	27	32
25.0 – 29.9 (overweight)	34	36	38	37
30.0 – 34.9 (moderately obese)	21	23	25	19
35.0 – 39.9 (severely obese)	10	8	6	6
40.0 + (very severely obese)	10	7	4	4

QHE24. Have you lost 10 or more pounds in the last 12 months?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes	32	33	29	24
No → QHE25A	68	67	71	76

QHE24a. Were you trying to lose weight?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes	66	69	65	71
No	34	31	35	29

QHE25a. Thinking about the last month, how often did you feel cheerful?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Every day	18	14	13	17
Most days	40	54	43	42
Some days	33	24	30	34
Rarely	8	8	12	7
Never	1	0	1	2

QHE25b. Thinking about the last month, how often did you feel calm and peaceful?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Every day	15	13	10	13
Most days	38	42	37	36
Some days	33	32	32	36
Rarely	12	12	18	14
Never	3	2	3	2

QHE25c. [Thinking about the last month,] how often did you feel full of life?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Every day	20	18	12	13
Most days	30	37	30	30
Some days	31	26	34	38
Rarely	16	14	19	18
Never	3	4	6	2

QHE25d. [Thinking about the last month,] how often did you feel bored?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Every day	2	3	3	1
Most days	6	6	3	7
Some days	25	24	22	14
Rarely	31	30	33	33
Never	36	37	38	46

QHE25e. [Thinking about the last month,] how often did you feel lonely?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Every day	2	3	4	1
Most days	6	8	7	8
Some days	19	18	25	21
Rarely	28	28	26	33
Never	45	43	38	38

QHE25f. [Thinking about the last month,] how often did you feel upset?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Every day	4	3	5	3
Most days	10	6	13	6
Some days	42	48	46	54
Rarely	37	35	33	33
Never	8	8	4	4

QHE26a. Over the last month, how often have you had little interest or pleasure doing things?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Not at all	55	57	53	56
Several days	32	29	32	36
More than half the days	7	9	9	6
Nearly every day	6	5	5	3

QHE26b. [Over the last month, how often have you] felt down, depressed, or hopeless?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Not at all	58	61	51	57
Several days	31	28	34	36
More than half the days	7	6	9	7
Nearly every day	4	4	6	1

QHE26c. [Over the last month, how often have you] felt nervous, anxious, or on edge?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Not at all	44	47	34	39
Several days	41	40	48	47
More than half the days	7	7	10	10
Nearly every day	7	6	9	5

QHE26d. [Over the last month, how often have you] been unable to stop or control worrying?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Not at all	47	54	49	51
Several days	34	28	32	34
More than half the days	7	8	10	10
Nearly every day	13	10	10	7

HEALTH LITERACY AND NUMERACY

QLN1PRE. The next few questions are about your abilities and skills in understanding medical information when you have a health problem.

QLN1. How confident are you filling out medical forms by yourself?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Not at all	8	3	1	1
A little bit	8	5	0	3
Somewhat	16	8	8	5
Quite a bit	27	28	30	29
Extremely	42	56	61	63

QLN2. How often do you need to have someone help you when you read instructions, pamphlets, or other written material from a doctor or pharmacy?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Never	55	69	76	70
Rarely	30	21	19	26
Sometimes	15	8	5	3
Often	1	1	0	2
Always	0	1	0	1

QLN3. How often do you have problems learning about a medical condition because of difficulty understanding written information?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Never	52	65	71	71
Rarely	28	23	24	27
Sometimes	18	11	4	3
Often	2	0	0	1
Always	1	1	0	0

QLN4PRE. As a caregiver, you might be asked to help CR understand medical information like test results, diagnoses, or the likelihood of side effects of various medications. This can sometimes involve working with and understanding numbers. The next few questions are designed to measure your ability to work with numbers. Many people have trouble with some of these questions, so don't worry if you find any of them difficult. Just do the best you can.

QLN4. Which of the following numbers represents the biggest risk of getting a disease (1 in 100; 1 in 1,000; or 1 in 10)?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Correct	49	62	77	81
Incorrect	52	38	23	20

QLN5. If the chance of getting a disease is 10%, how many people out of 1000 would be expected to get the disease? (*open-ended question; responses categorized for presentation*)

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Correct	66	82	89	90
Incorrect	34	18	11	11

QLN6. If the chance of getting a disease is 20 out of 100, this would be the same as having a what percent chance of getting the disease? (*open-ended question; responses categorized for presentation*)

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Correct	58	73	84	91
Incorrect	42	27	16	10

EMPLOYMENT AND CAREGIVING

QEC1PRE. Now I'd like to ask you some questions about work and jobs you may have had.

QEC1. Did you do any work for pay in the last week? By the last week, I mean the last full week beginning on a Sunday and ending on a Saturday.

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes → QEC4	32	46	55	52
No	25	24	23	16
Retired / don't work anymore → QEC16	43	29	22	33

QEC2. Do you have a job from which you were absent last week because of illness, vacation, or some other reason?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes → QEC4	6	11	3	7
No	71	65	77	61
Retired / don't work anymore → QEC16	24	24	20	32

QEC3. In the last week, were you looking for a job or were you on layoff from a job?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes, looking for a job → QEC16	8	23	15	5
Yes, on layoff → QEC16	6	6	4	5
No → QEC16	81	66	72	84
Retired / don't work anymore → QEC16	6	6	9	5

QEC4. Last week, did you have more than one job, including part-time, evening, or weekend work?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes	23	27	21	13
No	77	73	79	87

QEC5. How many total hours per week do you usually work? (*open-ended question; categorized for display*)

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
20 or fewer	28	22	21	18
21 – 39	22	19	19	18
40 or more	51	60	60	64

QEC6. [On your main job do / Do] you have flexible work hours that allow you to vary or make changes in the time you begin and end work?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes	51	56	61	68
No	49	44	39	32

QEC7. [On your main job do / Do] you usually work a daytime schedule or some other schedule?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Daytime	83	76	88	80
Some other schedule	17	24	12	20

If response to QEC2 was yes, skip to QEC9A

QEC8. Now thinking back over the last month, were you ever absent from work for any reason?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes	34	42	51	44
No → QEC12	66	58	49	56

QEC9A. I will read a few reasons people miss work. For each one, please say “yes” if this was a reason you missed work over the last month, and say “no” if you did not miss work for this reason.

You were on vacation.

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes	23	25	34	44
No	77	75	66	56

QEC9B. You were sick.

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes	42	43	40	38
No	58	58	61	63

QEC9C. You took time off to help CR.

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes	31	39	47	56
No	69	61	53	44

QEC9D. Other family members were sick.

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes	23	22	17	23
No	77	79	83	77

QEC9E. You took personal time for other reasons. [IF NEEDED: For example, a school visit for a child, looking for a job, taking classes.]

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes	39	37	41	29
No	62	64	59	71

If response to QEC9C was yes, ask QEC10; otherwise, skip to QEC12

QEC10. You said one of the reasons you were absent from work last month was because you were helping CR. About how many days of work did you miss last month to do this?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
One	57	45	50	58
Two	14	21	28	19
Three or more	29	35	22	23

QEC12. We are interested in whether helping CR affects you at work. In the last month, did helping [him/her] make it harder for you to get your work done?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes	13	18	33	36
No →QEC14	87	82	67	64

QEC13. Please tell me how much helping CR affected you at work by picking a number from 1 to 10. The number 10 means helping [him/her] made your work a lot harder and the number 1 means helping [him/her] made your work a little harder.

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
1 A little harder	11	10	19	11
2	0	7	10	16
3	22	31	15	16
4	22	14	4	24
5	33	21	15	11
6	0	3	13	8
7	0	0	8	11
8	11	14	10	3
10 A lot harder	0	0	6	3

QEC14. [On your main job does / Does] your supervisor know that you are caring for CR?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes	86	82	85	71
No	14	18	25	30

QEC15. For employees in your position, which of the following does your employer offer? (*multiple responses accepted*)

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Telecommuting or working from home	10	19	41	50
Programs like information, referrals, counseling, or an employee assistance program, to help caregivers like yourself	16	32	42	45
Paid leave, where you could take paid time off from work for several weeks to care for a family member	23	34	34	41
Paid sick days	39	51	59	62
None of the above	51	30	22	15

QEC16. As a result of caregiving, did you ever experience any of the following things at work? (*multiple responses accepted*)

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Went in late, left early, or took time off during the day to provide care	33	37	53	48
Took a leave of absence	11	13	13	13
Went from working full-time to part-time, or cut back your hours	14	14	15	16
Turned down a promotion	1	4	4	4
Lost any of your job benefits	4	4	5	6
Gave up working entirely	18	12	12	12
Retired early	17	13	9	12
Received a warning about your performance or attendance at work	4	2	6	4
None of the above	46	47	39	39

DEMOGRAPHICS

QDE1. INTERVIEWER: RECORD PERSON'S SEX

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Male	23	24	30	26
Female	77	76	70	75

QDE2. What is your age now? (*categorized for display*)

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
44 or under	6	14	14	10
45 – 54	16	17	25	16
55 – 64	40	40	34	40
65 or older	39	28	27	35

QDE3. What is your current marital status? Are you:

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Married	60	53	60	65
Living with a partner in a marital-like relationship	8	6	3	3
Divorced or separated	11	16	13	13
Widowed	9	4	4	4
Single/never married	13	21	19	17

QDE4. Are you of Hispanic or Latino descent?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes	0	3	1	2
No	100	97	99	99

QDE5. How would you describe your race or ethnicity? (*multiple responses accepted*)

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Caucasian/White	77	75	90	90
Asian/Pacific Islander	0	1	0	2
American Indian or Alaskan Native	3	1	0	1
Black or African-American	22	23	10	8
None of the above	0	2	0	1

QDE6. What is the highest level of education you have completed?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Eighth grade or less	1	0	0	0
Some high school	5	0	0	0
High school graduate or GED	94	0	0	0
Some college, no degree	0	61	0	0
Associate's degree, occupational	0	21	0	0
Associate's degree, academic	0	17	0	0
Bachelor's degree	0	0	100	0
Master's degree	0	0	0	77
Professional degree	0	0	0	12
Doctoral degree	0	0	0	12

QDE7. What are your current living arrangements? Do you ...

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Live alone → QDE11PRE	11	16	17	14
Live in a household with family or others	88	83	83	86
Have some other living arrangements	1	1	0	1

QDE8. Including you, how many adults, age 18 and older, currently live in your household?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
One	4	6	4	4
Two	63	63	64	70
Three	25	22	21	20
Four	7	6	9	6
Five	2	1	2	0
Six	0	0	0	0

QDE9. How many children under age 18 currently live in your household?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Zero	85	78	77	84
One	8	10	14	6
Two	6	7	6	6
Three	1	3	3	2
Four	0	1	1	1
Five	0	0	0	1
Six	0	0	0	0

QDE10. What is the relationship of each of these people to you? *(multiple responses accepted)*

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Your spouse / partner	78	71	77	79
Your child(ren)	30	34	35	30
Your grandchild(ren)	8	5	3	2
Your parent(s)	16	20	19	16
Other relatives of yours	12	12	8	8
Non-relatives	4	3	4	3

QDE11PRE. And now just a couple questions about CR.

QDE11. What is the highest level of education [he/she] completed?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Eighth grade or less	10	8	3	3
Some high school	13	6	4	6
High school graduate or GED	59	42	48	40
Some college, no degree	6	13	7	5
Associate's degree, occupational	3	7	9	6
Associate's degree, academic	2	2	4	5
Bachelor's degree	6	15	16	15
Master's degree	1	4	5	14
Professional degree	1	1	3	2
Doctoral degree	1	2	2	6

QDE12. Is [he/she] of Hispanic or Latino descent?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes	0	2	0	0
No	100	99	100	100

QDE13. How would you describe [his/her] race or ethnicity? *(multiple responses accepted)*

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Caucasian/White	78	75	90	90
Asian/Pacific Islander	0	0	0	2
American Indian or Alaskan Native	3	1	0	1
Black or African-American	22	24	9	7
None of the above	0	1	0	1

INFORMATION / SERVICES / POLICY

QIN1. In your experience as a caregiver, have you ever had a doctor, nurse, or social worker ask you about what you need to help care for CR?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes	39	33	39	40
No	62	67	61	60

QIN2. In your experience as a caregiver, have you ever had a doctor, nurse, or social worker ask you what you need to take care of yourself?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes	21	16	20	18
No	80	84	81	82

QIN2b. How difficult is it for you to communicate when necessary with healthcare professional such as doctors, nurses, social workers, pharmacists, and rehabilitation therapists about CR's needs for care? Please answer by using a number between 1 and 5, where 1 means not at all difficult and 5 means very difficult.

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
1. Not at all difficult	71	75	75	74
2	13	13	11	12
3	7	8	9	9
4	4	2	2	4
5. Very difficult	6	3	3	2

QIN2c. How difficult is it for you to communicate when necessary with healthcare professional such as doctors, nurses, social workers, pharmacists, and rehabilitation therapists about your own needs for information and support as a caregiver? Please answer by using a number between 1 and 5, where 1 means not at all difficult and 5 means very difficult.

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
1. Not at all difficult	70	74	69	65
2	10	8	14	18
3	10	9	9	9
4	4	5	4	5
5. Very difficult	7	4	4	3

QIN3. How difficult is it to locate and arrange for affordable community-based services in CR’s local area that could help you care for CR, such as like delivered meals and transportation? Please answer by using a number between 1 and 5, where 1 means not at all difficult and 5 means very difficult.

	High School Graduate or Less	Some College / Associate’s Degree	Bachelor’s Degree	Master’s Degree or Higher
1. Not at all difficult	43	45	38	27
2	4	9	9	14
3	11	8	14	13
4	6	7	7	9
5. Very difficult	7	11	9	8
Not applicable	29	20	24	30

QIN3a. How difficult is it to locate and arrange for affordable paid in-home personal care such as helping with bathing, dressing, and meals? Please answer by using a number between 1 and 5, where 1 means not at all difficult and 5 means very difficult.

	High School Graduate or Less	Some College / Associate’s Degree	Bachelor’s Degree	Master’s Degree or Higher
1. Not at all difficult	35	34	32	28
2	9	7	9	15
3	7	10	11	16
4	3	4	7	12
5. Very difficult	14	14	15	9
Not applicable	32	31	25	22

QIN3b. How difficult is it to locate and arrange for affordable community-based service providers that you can trust to provide good care for CR? Please answer by using a number between 1 and 5, where 1 means not at all difficult and 5 means very difficult.

	High School Graduate or Less	Some College / Associate’s Degree	Bachelor’s Degree	Master’s Degree or Higher
1. Not at all difficult	31	29	27	22
2	7	6	8	10
3	13	12	13	15
4	4	10	11	14
5. Very difficult	13	17	16	13
Not applicable	31	27	24	27

QIN4. Various organizations are thinking about ways to help caregivers like you. Which of the following do you think would be helpful to you? (*multiple responses accepted*)

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Requiring health care providers to include your name on CR's medical chart, so you are part of conversations or decisions about [his/her] care	80	82	88	87
Requiring hospitals to keep you informed about major decisions, like transferring or discharging CR	78	86	90	89
Requiring hospitals or facilities to instruct or demonstrate any medical or nursing tasks you might need to do	78	88	89	91
Having respite services available, where someone would take care of CR to give you a break	59	74	74	74
Requiring a doctor, nurse, or social worker ask you about what you need to help care for CR	73	78	81	83
Requiring a doctor, nurse, or social worker ask you about what you need to take care of yourself	56	67	66	65
None of the above	11	5	4	3

QIN5. Next I'll read three ways that people are proposing to help caregivers financially. Please tell me which ONE you would find most helpful.

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
An income tax credit to caregivers, to help offset the cost of care	32	29	37	42
A partially paid leave of absence from work for caregivers who are employed	14	17	19	23
A program where caregivers could be paid for at least some of the hours they provide care	55	54	45	35

HEALTH INSURANCE AND INCOME

QHI1pre. We have a few last questions.

QHI1. Are you currently covered by Medicare, a health insurance program for person 65 years and over and persons with disabilities?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes	55	39	36	39
No → QHI3	45	61	65	62

QHI2. Some people with Medicare also have a Medigap or Medicare Supplement plan. Do you have this type of health insurance coverage?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes	71	64	60	78
No	29	36	40	22

QHI3. Medicaid is a state program for low-income persons or for persons on public assistance. Are you now covered by Medicaid?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes	19	16	9	4
No	81	84	91	96

QHI4. Are you currently covered by a private health insurance plan? IF NEEDED: This may be a policy you [or your {spouse/partner}] have through a job, a labor union, or an association or organization you belong to. It may also be bought directly from an insurance agent or company.

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes	65	72	82	85
No	35	28	18	16

QHI5. TRICARE and CHAMPVA are health care programs for active duty and retired members of the uniformed Armed Forces, their families, and survivors. Are you now covered by either one of these programs?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes	3	4	3	3
No	97	96	97	98

QHI7C. What kind of health insurance does the CR have? *(multiple responses accepted)*

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Medicare	71	71	79	85
Medicaid	22	23	15	9
Private Health Insurance	51	55	53	67
Tricare/CHAMPVA	2	4	3	5

QHI8. Do you own your home? *(select "yes" if owned with spouse/partner)*

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes	74	68	80	87
No	26	32	20	13

QHI9A. Do you [and your {spouse/partner}] have any checking accounts?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes	93	94	99	99
No	7	6	1	1

QHI9B. Do you [and your {spouse/partner}] have any savings or money market accounts?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes	61	68	83	91
No	39	32	17	9

QHI9C. Do you [and your {spouse/partner}] have any certificates of deposit?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes	17	14	20	28
No	84	86	80	72

QHI9D. Do you [and your {spouse/partner}] retirement plans such as IRAs, SEPs, 401K, or 403b plans?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes	57	62	81	89
No	43	38	19	11

QHI9E. Do you [and your {spouse/partner}] stocks or mutual funds that are not in retirement accounts?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes	18	26	40	61
No	82	74	60	39

QHI10. Now thinking about the income that you [and your {spouse/partner}] have from [work and] all other sources, about how much was your [and your {spouse/partner's}] total income for the last year (in the last 12 months ending in December 2016) before taxes?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
0 – less than \$10,000	9	10	5	3
\$10,000 to less than \$20,000	18	12	7	3
\$20,000 to less than \$30,000	18	11	6	4
\$30,000 to less than \$40,000	18	13	12	7
\$40,000 to less than \$50,000	10	12	10	8
\$50,000 to less than \$60,000	11	9	9	11
\$60,000 to less than \$70,000	5	9	9	11
\$70,000 to less than \$80,000	3	6	6	8
\$80,000 to less than \$90,000	4	6	5	6
\$90,000 to less than \$100,000	2	4	10	4
\$100,000 to less than \$110,000	1	4	4	9
\$110,000 to less than \$120,000	1	1	3	2
\$120,000 to less than \$130,000	0	2	3	2
\$130,000 to less than \$140,000	0	0	0	1
\$140,000 to less than \$150,000	1	1	2	4
More than \$150,000	1	1	9	20

QHI14A. Family members often help each other out financially. In the last year have you used your own money to pay for CR's medications or medical care?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes	41	37	38	46
No	59	63	63	55

QHI14B. In the last year have you used your own money to pay for CR's Medicare premiums or copayments or other insurance premiums and copayments?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes	25	19	23	20
No	75	82	77	80

QHI14C. In the last year have you used your own money to pay for mobility devices for CR such as walkers, canes, or wheelchairs?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes	13	12	15	15
No	87	88	85	85

QHI14D. In the last year have you used your own money to pay for features that made CR's home safer such as a railing or a ramp, grab bars in the bathroom, a seat for the shower or tub, or an emergency call system?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes	27	28	27	29
No	73	72	73	71

QHI14E. In the last year have you used your own money to pay for any other assistive devices for CR that make it easier or safer for [him/her] to do activities or do them on [his/her] own? This includes devices to help [him/her] see, hear, reach, hold things, or pick things up.

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes	13	20	21	28
No	87	80	79	73

QHI14f. In the last year have you used your own money to pay for a paid in-home helper for CR?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes	8	8	11	14
No	92	93	89	86

If QHI14A through QHI14F are all no, don't know, or refused skip to next section.

QHI15. Altogether last year, would you say you paid more or less than \$1,000 for CR's [medications or medical care,]

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
More than \$1,000 → QHI6	42	34	47	51
Less than \$1,000 → QHI7	58	67	53	49

QHI16. Was it more than \$2,000?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes	56	69	64	63
No	44	32	36	37

(skip to next section)

QHI17. Was it less than \$500?

	High School Graduate or Less	Some College / Associate's Degree	Bachelor's Degree	Master's Degree or Higher
Yes	75	70	75	70
No	25	30	25	30